LUNCH MENU

SOUPS

New England Clam Chowder \$7.95/\$9.95

French Onion Soup \$7.95

Veggie Chili (V+) \$6.95/\$8.95

SALADS

GREEK SALAD (GF, V)

\$17.95

Mixed greens, tomatoes, cucumbers, pepperoncini, feta cheese, Kalamata olives, red onions in red wine vinaigrette

TUNA TATAKI(■)

Seared rare sesame crusted yellowfin tuna overmixed greens, tomatoes, cucumbers, carrot straws and crispy noodles with a honey ginger dressing

UDON NOODLE (V)

\$18.95

Cold noodle salad with fresh herbs, mixed greens and purple cabbage tossed in a sesame Serrano soy vinaigrette

CAESAR SALAD (V, ■) \$15.95

Half \$9.95

BEET SALAD(GF,V)

\$16.95

Mixed greens, goat cheese and balsamic vinaigrette

COBB SALAD(GF)

\$19.95

Lettuce, tomato, red onion, avocado, bacon, blue cheese, grilled chicken and boiled egg

Add to your salad: SALMON \$15, CHICKEN \$7, SEARED

APPETIZERS

HUMMUS AND TZATZIKI (V)

\$16.95

With Kalamata olives, peperoncini peppers and pita

TUNA TARTAR(GFO)

\$22.95

cilantro and crema

HOISIN STICKY RIBS

\$16.95

Half rack of house smoked baby back ribs broiled

with hoisin sauce

CHICKEN WINGS (GF) \$15.95

Naked fried wings tossed in buffalo, chipotle bbq or mango habanero

SMOKED WINGS (GF)

\$16.95

Dry rubbed and hickory smoked, tossed option, but sauce recommended on side

NACHOS(V)

\$15.95

Fried tortilla chips covered with lettuce, tomatoes, jalapenos, pickled onions, veggie chili and queso. Add chicken \$4.95 / Steak \$6.95 or smoked pork shoulder \$5.95

DAILY POUTINE

\$14.95

CAPRESE STACK(V)

\$16.95

Fried eggplant, fresh mozzarella, tomato and basil

MEXICAN STREET CORN DIP \$14.95

TUNA \$13 or AVOCADO \$4

MOHEGAN BURGER(■) \$17.95

Lettuce, tomato, topped with blue cheese and cheddar, bacon, red onion, jam stone ground mustard aioli

SMOKED PORK SHOULDER **SANDWICH** \$17.95

In house slow smoked pork shredded topped with cheddar, St. Louis bbq sauce, mustard and onion rings

FIG AND GOAT CHEESE FLATBREAD(V)

\$17.95

Melted cheddar, fig jam spring mix, goat cheese, fresh, Strawberries and balsamic glaze

MAHI TACOS \$18.95

Blackened mahi, pickled onion, purple cabbage, cotija cheese,

18% gratuity will be added to parties of

*3.5% surcharge for credit cards

(with fries, flatbreads excluded)

STEAK AND CHEESE (**■**) \$17.95

Grilled flank steak sliced and covered with caramelized onions and American cheese

BURGERS/SANDWICHES/FLATBREADS AND MORE

BLACKENED MAHI SANDWICH ()

\$18.95

Lettuce, tomato, onion, chipotle aioli

SALMON PIZZETTE \$17.95

Cream cheese spread, smoked salmon, horseradish cream with dill caper cucumber relish

STEAK AND BLUE CHEESE **FLATBREAD** \$17.95

Topped with cheddar /mozzarella blend, caramelized onions

BURRITO(V) \$17.95

Veggie chili, rice, lettuce, tomato, onions, jalapenos and cheddar cheese. Salsa and sour cream on side. Add steak \$6.95 / chicken \$4.95/pork \$5.95

CHICKEN CAESAR WRAP \$16.95 **BUFFALO CHICKEN WRAP** \$17.95

Crispy chicken, lettuce, tomato, blue cheese and hot sauce

FISH AND CHIPS \$22.95

COCONUT SHRIMP \$22.95 HOT LOSTER ROLL MKT COLD LOBSTER ROLL MKT

SIDES

Fries \$6

Chips and Salsa \$9

Queso \$13-warm blend of cheeses with fresh fried chips

Gluten free(GF) Vegan(V+) Vegetarian(V) Gluten Free Options(■)